

MONEY Mind Tricks

GET MONEY, ATTRACT MONEY, THINK MONEY
Tricks that will BLOW your MIND



Brendan William

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SHARE **IT**



MONEY MINDTRICKS

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MONEY, THINK MONEY
TRICKS THAT WILL BLOW YOUR
MIND*

BRENDAN WILLIAM

**WARNING: Some of these tricks get
weird... but they work, so GET
WEIRD!**

**I Bet YOU Have Never THOUGHT of
the Mind Tricks you will find in this
BOOK!!!**

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**If you have a Charity in mind
PLEASE include it in your AMAZON
REVIEW!**

Our team will be donating a percentage of all proceeds to different Charities at different times. *We promise to try our absolute best to get to YOURS!!!* This procedure will be based on the CHARITY first mentioned, following accordingly in appropriate order.

We are **currently** donating to the LLS TEAM In TRAINING to help in the goal of reaching \$10,000 towards **Leukemia** and **Lymphoma Research**. In addition

to our donations to this cause, you may personally visit these websites directly at:

<http://pages.teamintraining.org/li/nikesfl>,
www.DeannaRunningForACure.com



**PLEASE HELP ALL
OF OUR FRIENDS
IN THIS CAUSE TO
SAVE LIVES!**

***“We are what we repeatedly do. Excellence, therefore, is not an act, but a habit.”
– Aristotle***

Your MIND is your most VALUABLE
ASSET!!!

Continuing doing what you are doing and
expecting different results is a form of
insanity...

The act of “Doing” is merely a thought
with action...Therefore, if you keep
thinking what you have always been
thinking and expecting different results
this too is a form of insanity!

You can **ATTRACT** anything you desire through what you think most often about!

Your subconscious mind is the engine behind the vehicle of your life. You may not be aware your subconscious rules the majority of your life.

Take the example of an iceberg. Your conscious mind would be the tip of the iceberg, the visible 3%; the subconscious would be the 97% of the iceberg under the surface. The conscious mind is a minimal part of who we are.

Think about it like this: There are so many different things going on in

your life at one moment in regards to your body. You don't consciously take each breath, pump each heartbeat, send nerves to each part of your body, nor do you consciously release different emotions. These different simultaneous occurrences taking place in your body at each given moment are controlled by your subconscious mind.

You may be wondering what this has to do in regards to money and building wealth..... You may be wondering in which regards you can get through to your subconscious to most effectively change your thoughts, feelings, beliefs, habits, and so forth towards *FINANCIAL FREEDOM*.

Read on friend and you will soon find out Mind Tricks you can use to ATTRACT all of the money your heart desires.

DEDICATED TO:

My Mom (who is my inspiration and introduced me to all of this) and My Dad (who is my idol and role-model, also simply "The Man.")

My Sister and Brother who are my Best friends and biggest supporters.

To the rest of my Family and all of my Friends who have always been there for me no matter what weird thing I do next,
ALWAYS!

To Sas... for believing in me continuously and for her relentless excitement in every weird thing I do.

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And of COURSE TO ALL OF YOU
Readers, Subscribers, Supporters and
REVIEWERS!!!

You all make me so much better it is
ineffable.

I could not have done this without you!!!

THANK YOU!!!

Imagine a lever many years ago beginning in an upright position. Picture this lever completely un-weathered and untouched. For the sake of this example, let's say this lever is just a large pole in the middle of a big empty room.

This lever is ever so powerful. It is pushed and directed by nothing other than pure energy. For everything on this Earth and in this Universe is made up of energy and matter.

Now picture a big sign in front of this reading, "Push to the left for destruction. Push to the right for WEALTH."

Let us say this lever, throughout the years - since you were born - has been available for each and every one to influence either positively or negatively. Every single moment of every single day.

For many, over the course of these years, this lever had slowly, but surely, moved in the wrong direction

While occasionally it may be pushed in the right direction, for many of us it typically ends up being pushed and pulled right back the opposite way. This is a vicious cycle. This cycle has been a recurrent and exhausting mess throughout many of our lives.

This brings us to now. Think of the

lever, rusty, corroded, and weathered as a result of all the pushing and pulling in the wrong direction. Imagine what was once an empty, clean room; now extremely cluttered. The lever practically on the ground; stuck on the opposite side of where it should be-on the opposite side of success.

You realize what your life has become. All the wrong choices you have made financially are right in front of you. Easy to see and reflect upon.

Now understanding the importance of the lever you have neglected and wronged, you decide it is time for you to clean it off, give it a nice shine and begin pulling it back in the right direction. In reality,

begin pulling your finances together.

When doing this you come to a conclusion, moving the lever is nearly impossible without cleaning the clutter, and ridding the large room of all the negativity it has acquired over time.

All of the things weighing you down, preventing you from meeting your true and full potential must be lifted and released, which is why you are here now.

This room is your brain. Everything told to us in schools, through peers, the news, television, social media, and so on, unknowingly is shaping our beliefs.

Ultimately, our thoughts, habits, and

behaviors are all greatly influenced by such inputs. The lever being described is your belief system, more specifically, your subconscious belief.

You have remained unaware of this so-called metaphorical lever to fall in the direction of destruction; of financial hardships. The good news is this book will teach you exactly how to *control* your subconscious mind in regards with finance. These Mind Tricks will result in *attracting more wealth* by using your greatest power...The power of your mind.

It will take time and a consistent effort, but before you know it, the lever will have shifted to the RIGHT side of

abundance. *Once you begin to believe is when you will begin to achieve and receive. You will acquire what you desire!*

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WHY I WROTE THIS BOOK

Why is it some people go broke, while the rich continue to stay rich? Why is it so many lotto winners, celebrities, athletes, and the like get massive amounts of money yet cannot hold onto it? While others, can have money, lose money, but always come back and get right back on top?

These are the type of questions I have been studying and focusing on for the past few years. Through extensive reading and studying I have developed

an understanding of the overall makeup behind the mechanics. The “Wealthy” had to start somewhere, with a certain mindset (excluding the fortunate ones *born* into massive amounts of wealth).

People with a plethora of money have a certain attitude towards the subject.

Those less fortunate and who are lacking riches, unknowingly have “Limiting Beliefs” and feelings when the subject arises. Such “Limiting Beliefs” may include; “Money is the root of all evil.” “I was born poor.” “Money is too hard to come by.” We as a society can also be greatly influenced by others mindsets; i.e. “You must graduate from a

top school to make a good living” or “You can only get rich by hard work.”

Much of what is taught and repeated to you over and over throughout the years comes with the best of intentions, *however* solely coming from a good place does not *in any way* make these allegations completely true. They are not principles, rather mere thoughts with strong feelings behind them.

Many of the beliefs have been engrained in your subconscious mind, unwillingly, and have played a significant role on your current financial statement; on your entire life. For example, if you did not graduate from a “Top” University, you may not feel

worthy or deserving of receiving the type of money you are capable of. Therefore, you stay in your low-paying position due to the doubts and limits you have set for yourself.

Indeed, financial I.Q. can play a big role, but what drove these people towards or away from learning finance is their mindset towards it. They fell in love with money and obtaining wealth. Becoming obsessed, people with an abundance are attracting opportunities and money towards them, similar to a magnet. The saying “Everything he/she touches turns to gold” is due to a person’s knowing of what will make money. They are always open and aware

at each money-making chance.

My entire MindTrick series is specifically designed to make you fall in love with what it is you want. You chose this book because you want more money, so money it is. This will guide you and make you believe you can and do possess your desires. With love anything is possible. With love we can attract anything. From the simplicities of finding a parking space on a crowded street to moving into your dream home, just know *anything* is possible with the power of your mind.

This is the Law of Attraction.
This is Universal Law.

This is Fact not Fiction.

There would be very little use of this knowledge and this book if I had not done these all myself. I truly believe personal experience is the greatest teacher. Trust me, there are plenty more techniques out there, having tried too many to name them all here. The entire Mind Trick series is a collaboration of what I have found to work best for me as well as for others.

I was there. I was broke, busted and straight up disgusted with my life. I lived in a set way, not really questioning anything, just going along with the motions. Taking in everything fed to me

as “truth” since birth. It is no one’s fault, and I don’t think most of it comes from a bad place, it just is what it is.

You may think you are in the worst position possible. It may seem as if nothing ever goes right for you. You may think you cannot and will not succeed.

First of all, if this is the way you think and what you believe, it is not the truth. We will fix those limiting beliefs! As Henry Ford stated “Whether you think you can, or you think you can’t- either way you’re right.” Fortunately, there is something you can do about it. You can change your financial thoughts and habits; which will result in a

positive change in your life.

WHY YOU SHOULD READ THIS BOOK

By investing your time in this easy, straightforward read, I truly believe you will gain some extremely valuable insight and knowledge. Inspiring and helping other people is my passion, my dream, and my love. I have spent countless hours studying and hope you will gain some value from all I have acquired along the way thus far.

This book will help you in changing your limiting beliefs towards money. Will this book bring you instant wealth? Anything is possible, and I

hope it does. It will probably take some time, but patience is a key virtue. If you do practice these suggestions, your beliefs towards money will certainly begin to change. You will then have *unblocked the road to riches*.

We will be going after your limiting beliefs. The thought processes which are holding you back from reaching your ultimate potential in life. When broken down your limiting beliefs are all of your thoughts, feelings, and attitudes, towards any particular subject which prevent you from reaching your greatest self.

You have been taught and raised to believe and feel in certain ways,

towards any certain situation (again unknowingly and unwillingly). In this book we will be talking MONEY!

After hours upon hours of studying, reading, and listening to audio collected from all of the greats, I have broken it all down for you. What your eyes are laid upon now is a tiny, yet extremely effective collaboration of what I have taken in thus far.

You don't necessarily have to practice all of these suggestions here. Nothing is mandatory; the choice is yours. From my own experience, and from the experience of others, these tricks have proven beneficial. You truly have nothing to lose and all of the money

to gain, so why not give some or all of these a shot?

You can do each and every one of these Mind Tricks, which is recommended for the most effective result. However, if you are someone who feels like there is just not enough time in a day, practice 1, 2, or 3 of them, until each becomes a habit. The majority of these Mind Tricks take no more than 5 minutes.

A habit can begin to form in just 21 days, although for a true long lasting imprint; 90 days is the ideal suggestion.

We are talking about your situation, your money, your life here. You can continue to sit back, wishing

and hoping one day your life will change, but wishing won't connect you. All wishing and hoping does is keep you in a mindset of lack, separating you from what you truly want.

Once you start playing the role of success and wealth, it will become a part of you. You can keep waiting on one day...the problem with this is waiting on one day will keep you in the same place; a separated place. If you would like to change and start growing, why don't you turn one day into TODAY?

Just start with one page at a time. You will automatically notice a difference in your thoughts, your mood,

and your outlook.

This book contains many practices and techniques which come from all over. It may seem to be a lot at first, but start with one or two at a time. Let one become a habit and move on to the next.

Find what works best for *you*. Every person is different and if a Mind Trick does not appear to be working at first; DO NOT GIVE UP. Even if you do not think it is working, it actually is deep within...*SUBCONSCIOUSLY*. This is the ultimate Money Mind Trick.

CHAPTER 1. BE GRATEFUL

Let us begin by saying Thank You!!! Believe it or not, we all have something to be grateful for. You may look around for a moment and think there is nothing to be thankful for, but think again. You are reading this; you can start by being grateful for the ability to read.

You are intelligent just by being able to read, speak, and understand your spoken language. Your life is about to

change, as soon as you are willing to let your attitude towards it as well as towards yourself change.

I was there not too long ago; the feeling of everything around you going wrong at the exact right time. The negative thoughts towards people, places, things, you name it. Once I learned I could change all of these destructive thought patterns, I decided to break free of my self-imprisonment. If I can change, believe me, so can you.

One of the greatest examples of someone who never failed to show there is always something to be thankful for is Nelson Mandela. Following his release from prison after nearly three decades,

Mandela did not show remorse or anger for his captivity. Rather, he saw the bright side, and viewed it as a necessity for his personal growth and for the importance of his people. He was thankful for each moment he got to sit and ponder, meditating and praying for his country in which he loved.

We should all follow Nelson Mandela's example. There can always be something to be thankful for. If you have eyes, ears, if you can talk, if you can walk, anything at all, be thankful for it. Don't complain, this will bring nothing but more of what you don't want into your life. Complaining won't change anything for the better, only for

the worse. All you are doing is disagreeing with the Universe. It is up to you to start doing; to start being. The best way to start the process of positive change is to be thankful for what you do have.

For the sake of finances, be thankful for whatever it is you do currently possess. Even if it is 50 cents, be thankful for having at least 50 cents. The more gratitude you show and the more appreciation for what you already have; the more of what you want will come to you.

A major Mind Trick concerning attracting our greatest desires lies in the use of love and passion towards the

object. If you show love and gratitude through your heart and emotions, more of what it is you appreciate will begin to appear in many different areas. It will not happen in an instant, so be patient and do not give up, but it will come.

Also, be grateful for what you desire to attract as if it is already here. For example, say you want \$50,000 in your bank account, but as of now you have \$50. Trust, believe, and be grateful as if the money you want is already here. Rather than being in a constant state of wishing and wanting, which will only cause money to stay out of your grasp, get into a state of already having and owning it. Rather than the mantra of

“I wish I had \$50,000 in my bank account,” try using “I am so grateful I *now* have \$50,000 in my bank account.”

You become what you think about most. More importantly, you become the feelings you have towards your desires. By saying Thank You, you are doing the opposite of complaining. With gratitude you are expressing appreciation and are agreeing with the universe. Everything happens for a reason, everything.

There is something special in gratitude.

Mind Tricks to Put into Use:

The trick here is we attract more

of what we already love. Try to say “Thank You” 100 times a day. As mentioned in Rhonda Byrne’s classic The Secret, Albert Einstein would make a point to say Thank You 100 times a day, and it is no wonder why the Universe revealed so many of its secrets to him. The best way to success is to copy success. In this case, I say do what Einstein did, say Thank You.

A compelling tool to use is a “Gratitude Journal.” In this journal hand-write everything you are thankful for. There is a connection with your subconscious when you physically hand-write something out. I will express this further with covering goals.

Start with a few things and you will be surprised with how many things you will be able to register. Start with anything at all you may feel grateful for. A suggestion to begin with: “I am so grateful for taking steps towards improving my life.”

Keep going; you won't need more than 10 minutes for this, which will be worth it tenfold. After you have listed all you are thankful for in your life; you will raise your positive energy vibration.

Now comes the manifesting part...the part where you begin to change for the better. Start making a gratitude list for all of the things you

want. Write them down as if they are all already here. The secret is everything you want is already here you just need to align and match your vibrations.

Say thank you for your dream house, as if you are living in it at this present moment. It is yours! You just need to get into it! Say thank you, thank you, thank you!!!

CHAPTER 2. GIVE BACK, PAY FORWARD

An amazing way to bring into your life what you want is by giving away to others less fortunate. I know you may be saying, “I don’t have anything to give”...the truth is you do.

You may think you have nothing of value while you are reading this book. Let go of the idea of nothingness; you are worth more than you realize. Feel value in the fact you are on your way to attracting prosperity.

Even if you don’t have any

tangible, materialistic objects, such as money; give a simple prayer or send love to someone in need. This act is ever so powerful, simultaneously lifting up the person in need as well as yourself.

In the words of the late great Zig Ziglar, “The best way to get what you want is by helping others get what they want first.” This works in all areas of life. Start with kindness and with love. It will be contagious and your inner self will release serotonin or 5HTP (a neurotransmitter involved with happiness). Instantaneously you will feel a rise in your mood. Even a small gesture such as holding a door goes a

long way and you will feel it. It will add up and the more kindness you give out, the more will come back even more so. This can also fall under the law of Karma.

What goes around comes around twice as much, so why not give out what you would like in return? Get ready to receive something even greater. You have nothing to lose here and all to gain. Come from a place of love and kindness.

You may not feel like you are changing the world with each small gesture, however in reality you are. When you display an act of kindness, the person on the receiving end will be getting a positive lift emotionally. You

will be getting even more of a positive lift emotionally. What is more, anyone in the area witnessing this act of kindness will also experience a positive raise in their mood! This may seem weird but others simply watching your act of kindness towards someone else; will also get a positive boost (a surge of serotonin)...love and kindness is contagious.

Mind Tricks to Put into Use:

The trick here is to act as though we already have more than enough. We want you to be able to eat and live your life here, but rather than getting an extra cup of coffee each day or one more beer

at the bar, take whatever it is you just saved and donate it. If you pass a homeless person every day on your way to work, start by putting some money in their cup.

What happens if you are barely getting by and can't afford to spare even a dollar?

Do not worry, you can always say a prayer, send love (not publicly, we don't want to be *overly* weird) or display an act of kindness towards someone who is in need. Do these things as often as possible until it becomes a part of your character. The rewards in return will come back handsomely. This is a WIN WIN!

CHAPTER 3. SET IT & GET
IT-
YOU GOAL GETTER
YOU
THINK MONEY
INTO YOUR LIFE

There are countless books which have had a huge impact on my thinking, but there are few I would personally rank up there alongside with

the one responsible for starting it all. This timeless classic I am referring to is Think and Grow Rich by Napoleon Hill. It is on many people's must read list, if not the number one read in this genre.

Hill reveals what he has learned from years upon years of studying the art of success through people who were living proof. In his classic he gives the reader suggestions for key methods one should practice repeatedly.

It all starts with setting a specific, definite plan. To reach a target, we must set a road map to guide us to our destination. With no direction in our

lives it is easy to end up nowhere fast.

The subconscious loves detail and the more specific you can get the better. For example, in the case of finances, one would be suggested not to simply state “I want to be a millionaire.” Rather, set an exact amount, a date in which you choose to achieve your goal, and ways (or steps) in which you can reach that goal.

This one can be tricky however. Let's imagine you are a person with barely any money, no steady source of income, and no idea what you want to do. For this sake, let's suppose you are like how I was prior to reading Think and Grow Rich. Lost to say the

least, with no idea at all of what I wanted to do, or how to find my passion. As Dr. Wayne Dyer has stated – “everything in this world must keep moving. If you find yourself in a valley, you should get excited because the only way you can go is up!”

If you are in this position, do not fret my pet, I was sweating like crazy as well. Things do get better, often times in miraculous ways. With an open mind and continuously thinking positively you will figure out a purpose and a way to get to where you want. Be patient, the Universe will provide signs for you in many ways; so stay alert.

Once you do find your purpose,

begin by writing it down in the present tense with certainty. Read and repeat it constantly, daily, mornings and evenings directly before bed. You will be engraining your purpose into your subconscious mind.

You need to believe in the Universe and something will come along. It is the law of attraction at its finest. You will attract the object in which you think most often about, which in this case is money...it is a LAW!

Mind Tricks to Put into Use:

The trick here is to open up your mind to the endless possibilities and

figure out what it is you truly love. Start brainstorming on those things which bring happiness into your life.

Hand-write down all in which you wish to manifest. Think big here. Figure out which way you want your life to go and aim towards it by declaring your goal. The act of writing out by hand leaves a greater imprint on your subconscious. When we physically make the motions and see our own hand-writing in front of us; it is much easier for us to believe and remember.

When setting your goal, detail in the *end result* is imperative. Write specifically what is you want to achieve, as in a specific amount of money. Also

write down three ways in which you plan on achieving this goal. Include a specific date as to when you will reach it. The trick with this is your mind gets motivated by having a specific realistic time period. Most importantly be sure to include what *you will be giving of value in return; nothing is free.*

Be somewhat realistic here; for example, don't put \$5 million by Tuesday, and just go out and play the lotto. Your subconscious will not take this seriously.

Go ahead and hand-write your declaration on a piece of paper or on an index card. Sign your signature at the end, committing to yourself that you will

follow through. Put this paper next to your bed or on your bathroom mirror and read it every morning upon awakening and every evening before bed.

Upon waking, your brain has what is informally called “baby neurons” which come upon during sleep cycles. Train those new cells as soon as possible. This is an amazing time to learn anything new.

Read this once again right before falling asleep. This is the last time you will get to impact your subconscious mind, before you “knock out,” and when you do doze off, your subconscious keeps on working. Another ideal time to learn anything new

is right before falling asleep.

Here is an example provided from a Think and Grow Rich workbook (Fotinos, Gold, Hill) in which I HIGHLY recommend getting. Napoleon Hill referred to this as “Your Statement of Desire”:

***The exact amount of money I desire is (enter amount here).*

I intend to give inspiration, hope and promise to those who are struggling, and suffering in return for the money I desire.

I intend to possess this money by October 17th, 2016.

My plan of action is:

1.) To continuously be of service by helping as many people as possible.

2.) To continue studying and gathering as much information as possible, growing into the best person I can be on a daily basis.

3.) To lead by example, by staying positive and focused, and by eliminating negative thoughts in my head.

Signed Signature Here

Date: 7-1-14

**Please note, this is simply my example, put whatever you choose in for each line; however please also feel free to use what I have provided.*

***This Statement of Desire format was taken from The Think and Grow Rich Workbook (Fotinos, Gold, Hill)*

CHAPTER 4. SEE IT NOW...VISUALIZE

Visualization may just be one of the most powerful techniques one can use. Visualizing leaves a great impact on your subconscious mind. By picturing and feeling yourself already in the position you would like to be in, you are training your mind in getting used to this life.

Without beating around the bush, the most important part of visualization is getting the other senses involved. Your subconscious must believe you are truly there and the best

way to do this is to feel it. Feel as though you are happy with what you are doing. The more positive the situation, the more likely you will attract what you desire.

For example, if your visualization takes place at the beach, smell the ocean, hear the waves, feel the sand, taste the salt air, hear the seagulls, see the sailboat in the distance, etcetera etcetera.

One of my all-time favorites in this area is Paul McKenna, who has changed so many lives for the better in so many ways. I love all of his work, and Change Your Life in 7 Days literally changed my life (in 7 days, go figure).

McKenna explains how to get the full effect of the visualization process. By making the movie in your head more vivid, brighter, and larger, with close-ups of yourself living and being happy in the role you want, it becomes much closer to a reality. This is ever so powerful. You will feel a difference immediately. You will begin to notice a difference as you go about your daily routine.

The beautiful thing with a mental movie is *YOU* are the director. You decide the role you are playing. You choose who is with you, where you are, and what you are doing. Take this book for example. Each day before I start, I visualize myself clearly,

expressing my thoughts happily, while listening to my favorite music. I then see myself after completion of this project, feeling the sense of achievement and a sense of productivity, as if it were already done.

This does take practice and a clear mind (which I will dive into with meditation). However, the more you do this simple, fun practice, the clearer the picture will become, the closer it will be.

You must clear your mind of all the stresses in your life prior to visualizing. One of the best teachers in the field, Joe Vitale (who is an author of many impactful books, along with

accomplishing so many other extraordinary achievements) explains using the “Whiteboard Technique.” With this technique, create a giant whiteboard in your mind. Now take all of the clutter and chatter in your mind and scribble it all over the white board. Next, take an eraser in your mind and start cleaning off the whiteboard. Wipe away destructive thought after thought until you are left with a blank, clean white board. By cleaning this board, you are cleaning your mind.

To assist you further, create a vision board. Cut out anything you would like to manifest from magazines and books, and place them all over a

poster board. Anytime you need a little extra guidance with your visualization, you can gaze at all of the pictures on this board.

In the classic book Psycho-Cybernetics by Maxwell Maltz, there is proof through a famous study conducted. In this experiment there are 3 groups. The testing consists of basketball free throw shooting and to see the shooter's accuracy before and after a 20 day period. Each group is scored twice; first on Day 1 and again on Day 20.

Group 1 practiced every day for 20 minutes, and as expected improved in shooting by 24 percent from Day 1 to Day 20.

Group 2 was scored on free-throws on Day 1 and had no practice in the 20 day period. On Day 20, they were scored again, and as expected showed no improvement.

Group 3 (like Group 2) was asked to physically shoot only on Day 1 and Day 20. In between the 20 day period, the 3rd Group would sit and visualize for 20 minutes, shooting free throws into the basket over and over again solely in their minds. Without even lifting a finger, this group visualized the action of their shots going through the hoop. Scored again on Day 20, Group 3 improved by 23 percent!

This study demonstrates the

power of our minds and the ability to create what we would like to manifest. Your brain will take the pictures as reality. Your nerves and muscles actually develop these skills without *LIFTING A FINGER!*

You want money? Visualize and feel the money. Visualize what you will look like, act like, and feel like with endless amounts of money. Trust in the power of your mind as well as in the Universe and you will get it!

Mind Tricks to Put into Use:

The trick here is to see yourself in your mind currently living a life of abundance. Create a vision board as a use of reference. On this board put

pictures of everything you would like. Anything from photos of a house, cars, jewelry, as well as pictures of *money*!

When visualizing go to a relaxing place in which you will not be disturbed. If possible use relaxing music to assist you.

Begin by washing away all of your worries. To do this use Joe Vitale's "Whiteboard Technique." Another powerful process you can use is picturing all of your problems written in the sand on a beautiful beach. For example, say your job is stressing you out and keeps running through your mind. In such a case, have "WORK" written in the sand. Watch as the tide

comes in, and the waves gradually wash away “WORK” written on the beach. Let any worry drift away from you.

Once clear, begin seeing yourself as happy as possible. It is also extremely effective if you smile while you are visualizing. Get your mental picture as big and bright as possible. Add the sounds you will hear and how you will feel. Picture the ideal you, the person you want to be. Visualize all of the different ways money is coming into your life. See your bank account filling up. Act as if this is already happening. Mentally picture yourself in your dream home living with money as of right now.

As with everything new, this

will take practice. Eventually you will be able to get into this state whenever, wherever.

See how long you can keep this up. If at first you last 20 seconds; the good news is 20 seconds has been added into your subconscious mind. Try doing this for 5 minutes every single day, for at least 3 months. Get a calendar and mark down an “X” with each day you do this. The results will blow you away!

CHAPTER 5. POSITIVE ATTITUDE...AFFIRMATIONS & AFFIRMATIONS

A positive attitude might be the most important mindset any of us can obtain. Each topic discussed is in no particular order, yet a positive attitude might as well go on the top of any list in any topic.

With the following techniques, we can begin to shift our everyday thoughts and perception towards positivity.

AFFIRMATIONS

Affirmations are exactly what you think they are, statements in which you are making “firm.” Affirmations are utilized in an attempt to engrain your subconscious mind into believing what you are saying to yourself. These are also known as “Daily” affirmations with the exact implication to be used daily! Not just once or for a few days, but with the intention of working these mantras into your being, every day, in every possible way.

You may have heard daily affirmations do not work, which is fine.

Everyone has an opinion, but let's just ask for the naysayer sake, can they hurt? The answer is absolutely not.

Someone who might say affirmations are not affective simply may not understand the best ways to utilize them. You can say something to yourself repeatedly all day and night, however if you don't truly believe and feel the statements, you will not leave much of an impact. Tony Robbin's uses the term "*Incantations*" to describe the use of feeling and emotion put behind each affirmation.

I consider myself living proof of the practice of affirmations, more specifically Tony Robbin's use of

“Incantations.” You will become what you think most often about.

Let’s just say for the sake of an argument: you are repeating something over and over, which at first you don’t wholeheartedly believe. If you do continue to repeat a certain statement; with time your brain will become to believe it as true.

Each time you repeat these positive (or negative) thoughts; you are creating new neural pathways, which falls under the category of brain plasticity. Your brain is continuously growing and by planting these thoughts into your mind, you will eventually reach your subconscious. Once again,

you will become what you think most often about.

Another trick with affirmations and incantations is you must say them in the present being. Try to believe what you are saying is already here, because it really is already here. You just haven't gotten yourself aligned with it.

To attract something, you must be aligned with *that* which you want to attract. Otherwise you are still on the outside and it will always continue to elude you.

Finish the affirmation list with "I choose to create all of this or better." This will confirm you are doing this by choice.

AFFIRMATIONS

Noah St. John is another remarkable person who has had an everlasting impact on my thought program. Using affirmations for years and not really finding the desired results he was hoping for, St. John began to question why this was.

St. John discovered the human brain operates better when using questions. When asked a question, we automatically search for an answer. This great technique in which he dubbed “Affirmations” uses “empowering questions to form empowering results,”

in the words of St. John.

Affirmations, when used correctly can be extremely effective and I encourage anyone to look St. John up and read his work.

The word *Affirmation* stems from Latin, ultimately meaning to make firm. The word *Affirmation* can be said to mean “to form.” By combining the two, we are forming a belief and then making it firm.

With affirmations we are creating a belief with the method of question and answer.

Mind Tricks to Put into Use:

The trick here is to repeatedly engrain into our minds every positive belief possible.

Once again these tricks can be put into use for any problem. We are addressing money here, so the following Affirmations and Affirmations will be related to attracting money.

First and foremost, it is very important we start with the basics in our daily vocabulary. Start by noticing and changing the little things which in the long run have a major impact on you. Whenever you say “I **CAN’T** afford X,” or “I **DON’T** have enough money,” you are coming from a place of lack. It may

be natural for you to see a price, and utter those words, but our goal is to start catching these thoughts and extinguishing them.

Replace thoughts of lack with something simple such as “I choose not to purchase this item today.” This statement alone will come from a choice versus a place of “can’t.”

Regardless, soon enough, such negative words will not be a problem. In the upcoming section are a few strong Affirmations(Incantations) and Affirmations to assist you. Repeat one to five of these daily. Try to go for at least 3 weeks, but ideally repeat them for 90 days so they really get stuck in

your belief system. Write these positive, present statements down, and really put feeling into them. BELIEVE, BELIEVE, BELIEVE!

Always try to say these upon waking, and right before bed. Make post-it pads and place these statements on your night stand, on your bathroom mirror, in your car; wherever you see fit.

Remember: These are no good without putting feeling behind them. Put the words “I AM” before and after each statement. Using “I AM” will put you in a state of already having all of which you would like to manifest.

Affirmations/Incantations:

I am wealthy, I AM.

I am happily in love with MONEY, I AM.

I am one with a tremendous amount of MONEY, I AM.

I am easily attracting MONEY into my life, I AM.

I choose to feel great towards MONEY, I DO.

Finish with – I choose to create all of this or better.

Affirmations:

Why am I so wealthy?

Why do I love MONEY so much?

How am I one with a tremendous amount of MONEY?

Why do I easily attract so much MONEY?

Why do I feel so good towards MONEY?

Feel free to take these suggestions or use anything in which you choose. Just make sure to write them down, and REPEAT, REPEAT, REPEAT!!!

CHAPTER 6. GOTTA HAVE
FAITH...
PRAYER & MEDITATION

PRAYER

I am not going to sit here and go on some rant about religion (nor politics). I respect whatever religion or belief you have. There is so much to learn and to gain from so many different spiritual scriptures.

As far as believing in a creator or something outside of ourselves; this too is your prerogative and I respect your choice wholeheartedly (to each his or her own). The way I look at it is either you can choose to believe or not believe. There is no way of proving it either way, therefore you cannot

undoubtedly be 100 percent positive if there is or is not a higher power. Regardless, I choose to believe there is something out there.

The way I see it is everything from the farthest star down to the very dirt on this earth was not created by man or woman. Man or woman did not create man or woman. So I choose to believe something much greater did. Once again, what you believe in is entirely up to you.

Everything outside of nature, which has been created by a man or woman, began with a thought. Where some of these thoughts come from can be debatable. Mix a thought with love,

passion, and the act of doing, and you have buildings, cars, televisions, computers, this book, *YOU AND I*, so forth and so on. It all originated with a thought and a love for the matter to be able to pursue each task.

Now, you don't have to believe in a God, in the conventional way society makes God out to be, you can believe in anything outside of yourself, as a trusting source of guidance.

Something I learned from the recovery movement, is if you don't believe in a God, you can simply look at it as **Good Orderly Direction**. This is where Prayer comes into play. Prayer can be defined as a way of asking for

help from an object *Greater* than yourself. Prayer can also be used as a way of gratitude for what we do have.

Prayer is extremely powerful, for you are having faith in something much bigger than you, which will guide you in the direction you desire. Prayer is a way of connecting with a higher power and the Universe, with a sense of knowing and well-being everything will work out. Praying is a sense of comfort, a sense of belief. By praying you are aligning yourself and trusting that your problems, no matter how big or small, all happen for a reason.

MEDITATION

Meditation is a practice suggested for every single human being. There are so many benefits from meditating (deep thinking); I could write an entire book on the subject.

Meditation is a quiet contemplation and reflection of one's thoughts. Through breathing in the nose and out through the mouth, deeply focusing on each breath, you will be able to clear your mind.

People will say they “can’t meditate.” Their minds race too much

from one thought to the next. Hogwash! If you can daydream, or get lost in some sort of thought; you are able to meditate.

People with racing minds or lots of stress should practice meditation even more so. Believe me, I have Attention Deficit Disorder, as do so many people, if I can sit still for a few moments, so can you.

If you can't sit still in quiet for 20 minutes, try 2 minutes. Try 1 minute and keep practicing. Like anything, you will need practice and patience, but soon enough you won't be able to live without it. After meditating, your mind, body, and soul will feel a great sense of refreshment. You will feel a weight

lifted, no longer holding you down. In turn, you will increase your natural energy, feeling refreshed as if you just took the best nap.

His Holiness (the Dalai Lama) has said, “*IF every* child throughout the world at the age of 5 began practicing meditation for an hour each day, within one generation there would be an end to war; for there would be no more hate.” In meditation we are practicing compassion and unconditional love.

Furthermore, statistics have shown towns and cities with group meditation centers, have lower crime rates. “Group Meditation” is two or more people meditating in unison. The

combined energy being released goes further than just to those individuals. The vibrations of love spread throughout to nearby individuals.

Meditation is such a beautiful thing. You are connecting your inner spirit with the universe. Many times, through meditation, you will receive amazing insight and direction into your own life. Ideas will come much easier while your mind is free. A million dollar idea can come out of nowhere. A money-making idea can hit you at any time, and with a freed mind you will be able to act on it. You can THANK the Universe when this idea comes.

Mind Tricks to Put into Use:

The trick here is to have faith. A belief is the same thing as having faith in something. With this being said... Pray! Try it and see how you feel afterwards. Don't wait for a moment when you are in dire need and are merely wishing something will save you.

Meditate! Clear the mind, freeing any blocks and distractions. Get comfortable, not too comfortable where you will fall asleep (however if this happens honor your body when it needs sleep). Try to sit in an upright position which will help the energy flow through your body. Take long deep breaths in

through the nose, holding, and out through the mouth.

A powerful method for creating the life you want while meditating is by using the “I am meditation.” I learned this technique from my favorite teacher and source of inspiration, Dr. Wayne Dyer in the “Wishes Fulfilled Meditation C.D.”

In this case, we are aiming at attracting wealth. Slowly breathe in through the nose saying the mantra “I am an abundance of wealth.” While breathing out focus on releasing this statement to the Universe while repeating “I am.” As Wayne Dyer describes in Wishes Fulfilled the two

words of “I am” are the words of God.
These are two of the most powerful
words in one’s vocabulary.

CHAPTER 7. GROW... STUDY & LEARN THINGS THEY DON'T TEACH IN SCHOOL)

Eliminate the word CAN'T right now from your vocabulary. You CAN, you WILL and you ARE! You possess more ability than you realize. One of the main focuses in NLP (Neuro Linguistic Programming) is if one human can do something, anyone can learn to do it. Stop placing limits on what you are capable of. This Universe wants you to succeed and will work with you if you open up and allow it.

The late Great Jim Rohn said the best investment you can ever possibly make in your lifetime- is the investment in yourself. Truth be told.

By joining the library, taking a class, reading a book, learning any new skill, exercising more, there are many different avenues towards improvement you can take. Keep improving yourself. Start making beneficial choices and productive habits will soon form.

Mr. Rohn also mentioned years ago, on average only around 3% of people in each community has a library card. Granted when he said this it was quite some time ago, but I can't imagine

it being much different today (especially now with information being so readily accessible). You may have heard the adage “Readers are Leaders.” Reading will increase your vocabulary, imagination, and communication skills immensely.

Anything which doesn't grow might as well be dead. Your mind loves information. Your brain loves being challenged and learning new things. There is so much out there, and never before has so much information been as readily available as it is now.

Challenge yourself by learning a new language, learn an instrument, play a new sport. By doing so, not only

will you increase your brain power, but who knows you might find a true passion you have been longing for. Start reading books on improving your life. Start reading about investing, saving, and other different money ideas. Knowledge is power and the more knowledge you gain, the more value you will be able to provide. Again to quote Rohn “Ignorance is NOT bliss.” In other words; lacking knowledge will not bring happiness.

Learn different learning techniques, such as speed reading, and memorization techniques. There are many great sources on learning available. For example, one of the more

popular and ever growing websites is www.lumosity.com. You will be pleasantly surprised by the capabilities of your own brain. This will give you confidence and a greater feeling of value and sense of worth.

Read and study upon arising from bed, when those baby neurons are fresh in your mind ready to be imprinted. Read and study before going to bed, having your subconscious do work while you sleep on the last thing you learned upon retiring for the night.

Josh Kauffman, someone I have learned a lot from, has a great book called The First 20 Hours: How to Learn Anything....Fast! In the book he

describes ways in which you can eliminate unnecessary information while learning a new subject. Challenging the 10,000 hour belief in mastering any task, Mr. Kauffman suggests by mastering the majority of the importance in a certain subject, the rest will follow quite easily.

Perhaps, most importantly it is best to learn about yourself. Be a student of life continuously and experience as much as you can. Keep learning and continue to learn some more. Learn from others, learn from success, and always learn from failures.

Try to have an open mind, open eyes, open ears, and an open heart. With openness you will find opportunities you

never knew existed. You will try new things, learn new things, and have a much greater chance of finding your passion; your calling.

Take suggestions, take advice, but do not take orders. You are you and no one can tell you there is one way to go about life...“*OR ELSE.*” Trust yourself, trust your instinct, and take risks now and again.

Closed minds will lead to closed doors; open minds will lead to endless possibilities.

Mind Tricks to Put into Use:

The trick here is to actually learn how to learn. Save valuable time

by implementing the Pareto Principle, informally known as the 80/20 rule. In many areas mastering the vital 20 percent of information prove useful 80 percent of the time. For example, if one chooses to learn the Spanish language, you will save much time and advance quicker by learning the major words, which consists of only 20% of the Spanish vocabulary. This 20% of the language is used around 80% of the time in every day conversation.

Each person is different and will have a different approach. The best way to learn something new is by being able to link it with something you already know. When our brains relate one thing to another, it is much easier

stored.

Look up topics and courses on learning techniques, memorization skills, as well as speed-reading.

Get a dictionary and learn a new word each day, or have a new word emailed to you daily from any of the great websites out there. It is proven the larger your vocabulary, the more successful you will be. Look up studies on increased vocabulary!

Start questioning and learning new things. Expand your mind by learning a new language, instrument, skill, etc.

Start reading books on saving, investing, the Law of Attraction, and

biographies of great success stories.

Read Think and Grow Rich by Napoleon Hill and also read The Science of Getting Rich by Wallace D. Wattles.

To be successful study
SUCCESS!

Look around for sources of tools for successful living, past and present. The greats such as Napoleon Hill, W. Clement Stone, Jim Rohn, Zig Ziglar, Dale Carnegie, Og Mandino, Louise Hay (look up her story on starting HayHouse), Earl Nightingale, Brian Tracy; just to name a few.

Look for inspiration through the ageless wisdom of Lao Tzu

(translates to old man) and the Tao teh Ching (translates to “The Way of Virtue”), The Bible, The Bhagavagita, Buddha, Mother Theresa, Nelson Mandela, Ghandi. People such as Dr. Wayne Dyer (personal favorite), Eckart Tolle, Deepak Chopra, Oprah Winfrey, Les Brown, Tony Robbins, Rhonda Byrne, Bob Proctor, Joe Vitale, (in fact the entire cast of the hit The Secret), Joel Osteen, John Maxwell, Dr. Drew, again just to name a few.

Read and learn biographies. Seek out amazing stories of success such as Benjamin Franklin, Albert Einstein, Andrew Carnegie, Henry Ford, Walt

Disney, Warren Buffett, Bill Gates, Donald Trump, Mark Cuban, Jeff Bezos (CEO and founder of www.amazon.com), Ray Kroc (McDonald's), Howard Schulz (Starbucks), etc. Additionally look into greats such as Arnold Schwarzenegger, Sylvester Stallone, Steven Seagal, and so on.

Gather inspiration from the greats on YouTube and all over the Internet who will guide you towards being the best you can be such as Stefan Pylarinos (who has had a huge impact on my life) and the Project Life Mastery (www.projectlifemastery.com), Robin

Sharma, Grant Cardone, Greg Plitt, Brad Scott, David Childerley, Brad Yates, Margaret M. Lynch, George Hutton, Don Crowther, Tom Corson-Knowles, YouAre Creators, Actualized.org, etcetera, etcetera.

I know I am getting carried away here but it is something I have been passionate about. These are just some of the people who have changed my life dramatically and will do the same for you. I owe so much gratitude to each of them, and more.

I am including these names here so you can check out these inspirational, motivational, passionate legends for

yourself. These are the types of things to get you moving *faster* in the way you want to go.

CHAPTER 8. LOVE YOURSELF

Greatness comes in all different ways, shapes, sizes, and forms. Success is in the mind of the beholder. Once you learn to truly love yourself, for everything you are, you can learn to truly be something special to others. When you love yourself, the opinions of others won't hold you down, and will not be able to set fear into the achievement of your greatest goal.

Let go of what others think. Every single person will have an opinion, and even trying to impress half of the people half of the time, will not

happen, and it will only stand in your way. The best way to go about this is to love yourself no matter what. Accept the way you are in all and every situation. You will find the less you care about what others think, and the less you try to impress and please every single person, the more good and attracting you will do.

You have to live with yourself for the rest of your life, so you might as well find a way to love yourself.

You are unique, you are so very special. Something special pointed out by the Great Og Mandino is at no time in history, was there anyone like you. As well as there will never again in all the

time to come be anyone *exactly like YOU*. There has never ever been someone with your hair, your features, your brain, your anything; and there will never be another you in the future. You are you for a reason, and the choice is yours to be what you will.

Mind Tricks to Put into Use:

The trick here is simple...
LOVE YOURSELF! By loving yourself, everything will improve. The world around you will improve. You will love yourself so much; limitations on what is possible will no longer exist.

Forget about what others think. The opinion of others will mean nothing if you begin to truly love yourself.

Don't speak down on yourself. All too often we can all be guilty of saying something such as "I am an idiot," or "How stupid am I?" It is time to cut negative words out of your vocabulary. Even though you may not be all too serious when you say such a statement, your brain does not always know the difference, and the more you say it the more you believe it.

Start now by looking at yourself in a new light. Seriously, each and every one of us is so very special in our

own way. You need to believe in yourself, get a positive attitude, and in this mindset, positive things will be attracted to you. Just wait and see, when you begin to love yourself, when you begin to love the world, the world will change.

Everything happening on the outside all starts with what is happening on the inside. It is all a matter of perception. Get in a good place. Know you are unique. Believe you were put here for a special reason and you were created this way for a special reason. You can do anything you put your mind to.

Start right now by putting down

this book and right down everything you love about yourself. Love everything in which you desire, and love what you are about to become. Love the fact *YOU* are about to attract money into your life, putting to rest your financial issues.

Start NOW...LOVE
YOURSELF!

CHAPTER 9. SAVE

The topic of saving needs to be included in this book. Within this topic, there are many areas we could cover. Our goal in this book is to lay a solid foundation and to instill simple, yet effective money-saving habits. Habits we can start RIGHT NOW!

Make saving a ritual. Take advice from the classic The Richest Man in Babylon, and pay yourself first! Each time you get a paycheck, before you do anything; pay yourself a percentage of the money you have earned first. Let yourself know it is your money and you

deserve it, before you go ahead paying all of the bills, pay yourself first!

Also, take a good look at your expenses. Treat your life like any CEO would treat his company and cut out any item or items which prove unnecessary. David Bach came up with the legendary “Latte Effect.” If you could just refrain from buying a \$4 coffee each morning and putting the money into savings, slowly but surely money will start adding up. This is an example of the old adage “A penny saved is a penny earned,” at its finest.

There is a big difference between being frugal and being cheap. A person who is frugal is wise with their

money. Someone who is cheap is coming more from a selfish place; with no interest of giving to others.

Should we spend? Of course in order to keep the money circulating. In addition, what good is life if we don't enjoy it to the max.

Just don't spend it all! You won't be able to enjoy life if you have collectors constantly calling. Take my word on this, they can get very annoying.

With material things a lot of what we buy is not needed, adding little or no value to our lives. Such purchases are based on impulse (hence impulse buy) and companies know all of the strategies to get you to buy their product.

Resist these temptations.

Certain things just aren't *needed*. You have already proved you don't *need* whatever it may be by making it this far without it (Byron Katie mentioned this).

Another great piece of simple advice I took from the Great Robert Kiyasoki, author of the Rich Dad, Poor Dad series. Kiyasoki suggests putting a small percentage of your income into 3 separate "Piggy Banks." Use 1 piggy bank for saving, 1 for investing, and 1 for giving to charity (or tithing). Deposit all three equally, do not cheat yourself here.

Start with a small percentage until this becomes a habit, and doesn't

put you into some sort of financial shock. This will feel so good once you start putting just a little bit away at a time, knowing you have some security. Eventually you will love watching your money grow and you will go out of your way to start putting money into each bank.

Begin having your money make money for you, as it gains interest. As far as compounding interest goes; Einstein summed it up best by saying “Compound interest is the eighth wonder of the world. He who understands it, earns it ... he who doesn't ... pays it.”

Giving to charity is probably one of the single most important and best

things anyone can do. This selfless act will not only help others, but will improve you as person subconsciously and will make you want to earn more to give more.

Mind Tricks to Put into Use:

The trick here is to honor the money we do have. By saving and respecting our hard earned cash, our love for money will grow deeper. The money we save will attract more money.

We are going to go back to the basics here; go out and get either a piggybank or what I use is a fishbowl. I

prefer using something clear so I can literally watch my money grow in front of me.

Ideally you would want to get 3 separate banks; 1 for saving for your later spending, 1 for investing, and 1 for charity. You should try to put 10 percent of each paycheck aside.

To get our feet wet, let's just start with one piggy bank for this month. Put all of your loose change, a dollar here and there, the money you save from any little expense you cut out, into this bank. Let time pass, as you keep putting money in, refrain from counting it. I MEAN THIS! Set a date months from now to count, but do not count every day. Let it

just grow and let your mind wonder how much is actually in there.

The Attraction factor here is money loves money. As your money begins to grow and grow, more money will become attracted to it. Subconsciously you will start wanting to save on all things everywhere you go. Wait and be patient, you will be so happy in one year.

Another trick is to avoid impulse purchases by leaving the store in which you see an item you “really” want. Be strong here, fight the urge, wait for 2 to 3 days and then decide if you *must* have this item. More often than not, you will find you are getting by

just fine without.

NOW LET'S GET
WEIRD...

AUTHOR'S NOTE

To some readers I may have been reinventing the wheel with the previous 9 chapters. By this I mean there are many sources available on each subject. My attempt was to come from a different angle and shed a new light on areas in which are instilled upon us. Each topic covered thus far is of great importance; however I consider them the pre-game to the party.

It is the upcoming chapters in which I was really looking forward to. This is when the weird and fun really

come into play. In these chapters you will learn *unique tricks* which will get directly to your subconscious mind. Please approach these all with an open mind and an open heart!

CHAPTER 10. EFT – TAPPING

TOWARDS WEALTH

Probably one of my personal favorite *tricks* I have come across is EFT (Emotional Freedom Technique). It is a revolutionary practice which **WORKS WONDERS**. It is also referred to as tapping, due to the way you literally tap major acupuncture points of the body with your fingers. This method clears up any static or emotion (emotion is energy in motion) spinning around inside of you.

Reading Nick Ortner's The Tapping Solution changed my life in such

a way it is ineffable. No matter what situation or problem you may have in your life, be it physical or emotional, tapping while holding the actual distress in your mind, releases the energy and the emotions surrounding the situation at hand. Any pain we have can be linked to emotions and energy. When we release the negative emotions we begin to release the pain.

With small problems, such as a stuffy nose, headache, or a neck pain, E.F.T. will get rid of this problem after one quick round of tapping. As one might assume with larger problems, such as an addiction, it is first suggested to get to the root of the problem, working

your way out to the branches and the leaves.

There are countless demonstrations on how this works, and I am here to mention how much E.F.T. has done for me. I am a huge advocate and tap on any slight problem at any given moment.

When first discovering E.F.T., I was definitely a little skeptical, and didn't understand how something which seemed so simple could work so effectively. With an open mind I tapped away each problem. The beauty is it works whether you truly understand it or not.

Being so fascinated and

intrigued by this method, I decided to dive into it and now I am an avid practitioner of something originally so foreign to me.

Mind Trick to Put into Use:

The trick here is to clear out and un-clog any blocks we may have. We are going to take out our old beliefs, which you most likely are unaware of, and replace them with new, strong, positive thoughts. This may be the quickest trick there is (also the longest directions).

If there is only one trick to be

learned from this book as far as an immediate shift in your thoughts and emotions, this would be it. If you have never heard of this it may seem peculiar but approach this with an open mind. It cannot hurt you to give this a try, and after a little while you will be shocked and hooked. Trust me; this technique is constantly growing in popularity.

There are quite a few different ways in which E.F.T. is demonstrated, but for now I will fill you in on the way I learned it and tap myself.

What you want to do is start by taking both hands and doing what is called the “Karate chop.” Literally take the sides opposite your thumbs and start

chopping them together. As we start chopping, we are beginning to clear away any static (think of static on a television and all we are doing is trying to get a clear picture).

Prior to starting, take note of how strong the emotions towards the subject are on a scale of 1 to 10. With 10 being the strongest, our goal here is to work the emotion down to a big fat 0. Believe me, we will, it is just important to keep track. We are not going to walk away if we go from a 10 to a 4. We are getting rid of limiting beliefs here and with tapping repeatedly the number will continue to decrease.

As already mentioned this

technique works on all subjects; but the reason you are reading this is to attract *MONEY*...so *MONEY* is what we are going to get.

Now, while doing the “Karate Chop” you will begin with a set up statement; letting your mind know you value and respect it. Keep repeating out loud as you are chopping and tapping. Also, it is good to smile and to use the word “Choose” while doing this technique. There is no wrong statement, just make sure it is positive!

The way I like to set it up is as follows (KC represents Karate Chop):

KC - Even though I am feeling a little broke at the moment, I choose to love,

honor and respect myself.

KC – Even though times are tough for me right now, I choose to love, honor, and respect myself.

KC - Even though my bank account is not where I would like it to be at the moment, I choose to love, honor, and respect myself.

After 3 rounds of the Karate Chop, we will begin the tapping of 8 pressure points. Tap using your pointer and middle finger. The harder you tap won't force it in any stronger or faster, so don't hurt yourself...

The 8 points are as follows in order:

1. **Eye brow** – Either side will work. Some people like to use both hands. This will be where your nose and eyebrow meet (so on the inside of the brow, right where the eyebrow ends).
2. **Side of the Eye** – If you choose the left eye, tap on the left temple area, right next to the eye. Right side, right temple area, right next to the eye.
3. **Under the Eye** – Directly under the eye, either side or both sides simultaneously, whatever your preference may be.
4. **Under the Nose** - Directly in between the upper lip and the

bottom of your nose. The halfway point.

5. **Chin** – Right under your bottom lip.
6. **Collarbone** – For this one feel free to move back and forth. This is the very top of your chest and directly under your shoulder (just in case you do not know exactly where the collarbone is, which is nothing to be ashamed of).
7. **Side of the Armpit** – The best way to describe where this point is located is under the left or right arm where your armpit and bra strap would meet. Now, I have never worn a bra, nor do I have any intention to, but I hope everyone

gets the idea of this location.

8. **Top of the Head** – This is the crown. Directly on the bald spot is where you want to tap this one in.

In this session we begin with another “setup” round. The purpose of the “negative” feel in the setup round is simply surface these emotions. We can only eliminate the problem once we have recognized the problem.

Stating the problem is the first step (isn't admitting the problem always the first step?) We want them exposed, so we may eliminate each hindrance and replace them with the thoughts and emotions we choose. It's

a beautiful thing really.

Now start tapping with your two fingers (no need to count your taps, it is irrelevant) and bring this feeling up even more by saying....

Eyebrow Point - All of these feelings of being broke.

Side of the Eye...these feelings of not having enough money.

Under the Eye – These feelings of bills stacking up.

Under the Nose – All of these feelings of lack.

Chin – These feelings of not having enough.

Collarbone – All of these feelings of

not being deserving of money.

Side of the Armpit – These feelings towards money.

Top of the Head - All of these feelings I have towards money.

Now you may want to do a “negative” round again, just to make sure the feelings are up at the surface. Please feel free to use these or add anything you find necessary and applicable to your life. The statements here are examples, but by all means feel free to use them.

As soon as you finish one or two rounds of “negative” we get to the amazing

part...The “Positive” round.

Eyebrow Point – I now choose to *Let Go* of these feelings.

Side of the Eye – I am letting go of all of these feelings towards money.

Under the Eye – I am now releasing any bad feelings towards money.

Under the Nose - I am now choosing to love the feeling of money coming into my life.

Chin – I am at now at one with a tremendous amount of money.

Collarbone – I am now feeling so great towards money. I am now attracting money into my life.

Armpit – I am attracting money into my life.

Top of the Head (Crown) – I am so happy that I am now attracting all of this money into my life.

Repeat as many times as you like, as often as you so choose. In between each round, inhale and exhale deeply, letting in the positive energy and releasing the negative. I also suggest drinking water directly after you finish a round of tapping. The majority of our

bodies consist of water, especially our brains. By drinking water we are helping to flush our energy paths, resulting in flow. This can and will greatly improve your attitudes towards money faster than anything else I have come across.

CHAPTER 11. SUBLIMINAL MESSAGING – RE-PROGRAM YOUR THOUGHTS WITHOUT EVEN KNOWING IT

The point of this book is to be as straightforward as possible. I am giving you methods in which I use as do so many others in order to attract money as fast as possible. Subliminal Messages DO WORK!

From my own personal experience, subliminal messaging has had a huge impact on my way of

thinking. I am speaking solely about my own way of thinking. I am by no means affiliated with any sort of “subliminal messaging” company.

Author's Note: *If you have not yet noticed go back and look at the cover of this book*

Subliminal messages are simply statements which dive past or “below” the conscious radar. Through bypassing the conscious mind, there is no way for you to doubt or not believe what is being told to you. The subconscious mind absorbs everything, even while you are sleeping. Your subconscious works 24/7, 365, and during sleep happens to be the best time to listen to them

(headphones encouraged).

In some ways, these messages have gotten a bad reputation. There are the famed cases in certain movies and television shows which I will not mention here. The legalities of subliminal messaging, as far as advertising, were at one point questioned. Upon further investigation, not enough evidence was found to prove of great effect. This is true of messages you see only once or rarely, as in a movie or commercial. In such cases subliminals will not have much effect on your firm existing beliefs.

However, these messages can and will replace old beliefs once they

do set in. The whole process will work like magic, but time is needed. You won't notice a change after seeing or listening to the message just once.

Like any new belief or habit, it is suggested to listen to a certain subliminal for at least 3 weeks in order for it to settle in. I advise using headphones, for a minimum of 30 minutes at a time. Once again, playing a given message repeatedly while you sleep is what I have found to be the best and most effective way to utilize the practice of subliminal messaging. For example, I listened to a subliminal message on being a writer while I slept for 3 weeks...and guess what, here I am.

These messages I am referring to are no more than positive affirmations being subtly spoken over and over again.

These affirmations are intended to help you, and can barely be heard in the background of certain music and specific beats. The most common of these beats or tones are known as “binaural beats.” Binaural Beats in laymen terms are two different beats going into each ear. Basically, the brain produces a response and alignment to other outside information while listen to binaural beats.

Authors Warning: *Be wary of
subliminal soundtracks that do not*

include the written affirmations claimed to be spoken. Since the words are not consciously heard, it is important to be aware of the messages entering your brain.

Mind Tricks to Put into Use:

The trick here is to get straight to the subconscious mind, without any interference. By interference I mean you (no offense).

I learned this trick while browsing the web: the most effective subliminal message you can use is, well.... YOU. Your own voice gets through best to the inside of your own

head (go figure).

You can purchase beats online, or even make your own at www.audacity.com in which you can record your voice over the binaural beats. If you have any questions on how to do this, please feel free to contact me. Professional subliminal messages will definitely do the trick, but when you use your own voice, your subconscious will pick up on this and believe the information being fed to you much quicker.

As far as saving time by making your own, there are plenty of great sites out there which I recommend. Not only will these sites give you exactly what

you are looking for, they will also go into a much more detailed explanation of how these messages work.

The first site I began purchasing from is www.brainsync.com created by Kelly Howell, who to her fans is also known as the “**Brain Whisperer.**” Kelly Howell is truly amazing and I owe so much gratitude towards her for what she has done. Kelly and I have slept together for years, although we have never been properly introduced (wink).

I am also a huge fan of www.realsubliminal.com, which is a site offering an array of topics to be able to choose from. Also try www.mindfithypnosis.com, and

www.subliminal-shop.com brought to you by Indigo MindLabs (another extremely effective subliminal site).

There are plenty more out there, these are just a few of the many I have tried. Go to any of these today and get a subliminal track on “Attracting Wealth,” or any other money-related subliminal you may find. Get headphones and listen as often as you like. Definitely aim for bedtime, and let the tracks do the work for you. All you have to do is sit back, relax, and be patient as for within just a few short weeks you will notice a shift in your thoughts; for the better!

CHAPTER 12. FOCUS WHEEL – THE WHEEL OF VIBRATIONS

This is something I came across on YouTube. I would say it was random, but nothing is random, and my constant searching and studying, as well as the Universe led me to this. Credit here goes to Doug Graham and his YouTube video How I Used Law of Attraction to Get Money.

In this video Doug clearly explains what a Focus Wheel is and gives a detailed breakdown on how to make one and put it to use. He also shares an example of how he was in

need of money and wanted to attract \$3,000 into his life. Guess what? By using the Focus Wheel he was able to get into a state of a positive and magnetic vibration.

Within 3 weeks Graham landed a role paying him exactly \$3,000. Weird? Yes. Worth a try? Without a doubt!

Using a Focus Wheel is a great technique, which does not require much of your time or efforts. You will only need a pencil, a piece of paper, and an open mind.

All you need to do is take a blank piece of paper and draw one large

circle. Inside the large circle, draw another small circle. From the smaller circle, make 12 lines outward to reach the larger circle, resulting in something resembling a clock or spokes on a wheel.

Taking Doug Graham's example, in the inner circle you would write "I WANT \$3,000!" You can put anything in this inner circle, from relationships, health, promotion at work; just remember to always BE SPECIFIC.

From there, start writing in each space affirmations in the present tense, while associating the feeling with them. An example here would be in the first space, write "I love the feeling of having

money,” assuming you have had some money before and you know what this feeling is like.

Think back to any time you received a paycheck, or money of any sort, and link the exact feeling to your present self while doing this exercise. Now go to the second space and write in a different affirmation of something you currently can relate to. Such as “I love having money come into my life”, assuming you do love having money come in, and don’t we all....otherwise you wouldn’t be here ya’ nut.

Round and round you go, and at first it might seem tough to come up with 12 different lines, but know once you

start it will be difficult to stop. Include anything which brings a good feeling if you get stuck, such as “I am so thankful I am alive” or “I love the beautiful weather today.” Just as long as it is there, it is present, and you love this feeling.

Do not put something your subconscious knows is not true in your life; such as “I love being a billionaire.” This won’t work, unless you are or have been a billionaire (in which case you won’t need this exercise). It is not true and you know this.

As soon as you are finished filling in each slot go back and read each

hand written affirmation 3 times. When you come to the end go back to the inner circle where you originally wrote “I WANT \$3,000!” and cross out the “I WANT” emphatically, and replace the “WANT” with “HAVE”.

So now your inner circle should read “I HAVE \$3,000!” It is suggested to now spend 2 additional minutes going around the wheel, re-reading each affirmation while you are in this state of strong positive energy.

What you are ultimately doing here is aligning your vibration with whatever it is you desire. As soon as you finish going through your first run around this wheel, you should feel a lift

in your energy. This lift is coming from a sense of *believing* your dream is already here, which is what we want to be able to attract. Give this a shot, it cannot hurt.

Mind Tricks to Put into Use:

The trick here is to align your energy and vibrations. Immediately after doing this trick, you will feel a surge of positive energy and motivation.

Sit down for 5 minutes; grab a pencil and a piece of paper, and in a quiet place draw out this diagram. Do this focus wheel every day, twice a day, ten times a day, whatever it takes to keep

you in a constant state of high positivity.
Feel your wants in your possession. Try
this trick, it is definitely worth it.

CHAPTER 13. WRITE
YOURSELF A CHECK & PLAY
THE ROLE – THE BLANK
CHECK GAME

Throughout this book the emphasis on thoughts and beliefs has been the major theme. The *feeling of having* what you want is what we are driving into your brain.

To get through to your subconscious mind and to connect you with the Universe, we need to feel as if what we want is already here.

When you start taking action, truly believing, and becoming familiar with the feeling, you are well on your way. It is now only a matter of time before your desires become a reality.

The best way to get the feeling of actually being one with your desire is to put yourself in the role. The car you have been dreaming about; go ahead and take it for a test drive. If you live close to the home you want to live in; go ahead and drive by it as often as possible.

Something I have recently been doing every day after work is driving to my dream home en route to my actual home. I sure as hell look like a creep, but I picture I am returning “home” from

a day of work. I believe this house is mine; there is just someone else living in it at the moment.

What I am doing is training my subconscious to know the feeling of making this daily commute to my “home.” I am getting into the feeling of making this trip every day. I am straight-up determined and constantly living there in my mind. Trusting and believing this house is mine, it will be. (Check back with me soon after this e-book is published and I guarantee I am living in this home, without knowing exactly how at the moment of writing these words).

Mind Tricks to Put into Use:

The trick here is to really get your mind into believing what you want is already here.

Today is payday. Go ahead and take out a blank check. If you don't have a check book, go online, look up what a check looks like, and draw it on a piece of paper.

On the line which reads: "Pay to the order of" let's go ahead and put your name in there. Unless you are unselfishly doing this for someone else, in which case go ahead and put their name on the check. In the top left, where your information is located, you can tape a small piece of paper and put in where you wish the money to come from.

Now the fun part: You have a blank check to work with. Write in the exact, specific amount of money in which you desire to acquire.

Sit there and act as if this check is yours. Visualize this check being delivered to you. Feel as if it is a real check in your hands. Put it in your wallet and keep this check. Hold onto it and look at it as often as possible.

In addition, spend time each day really acting as the person you wish to become. When you are at home, when you are out in public, no matter where you are, be the person you wish to become.

Get used to this person. If it is

fame and recognition you desire, act as if everyone is looking at you while you walk down the street. If it is wealth, when you go into stores, act as if you have all the money in the world. Try on clothes you can't afford just for the hell of it and for the moment act as if price tags don't exist.

The more you play the role, the more you will be attracting it to you. You are what you think, you are how you act. To be wealthy, act wealthy....BOOM!

CHAPTER 14. SMELL THE MONEY – LITERALLY SNIFF THAT MONEY

Go ahead and grab a few dollar bills. It does not matter if all you have on you is one single bill. We just need the feel of cash-money, and a powerful way to feel abundance if you are in a state of lack is to close your eyes and SMELL it.

This is another technique I was fortunate enough to stumble across and

all of the credit here goes to Carole Dore and her amazing YouTube video called Create Money FAST! Part 1: Creative Visualization.

In this video Carole is on a talk show giving a brief back story of where her life had been heading. She was down, but rather than run, Carole took it upon herself to change and get back up. She began learning different techniques to get her out of her rut. Carole Dore is a true inspiration and I highly recommend looking into her work; she is living proof of what this is all about.

While further studying and realizing how the subconscious plays the silent, yet incredibly important role in

our lives, Dore began discovering ways in which we can get through to the subconscious.

Knowing our subconscious mind is influenced the greatest when all senses are involved she tried a technique of literally sniffing bills to get the sense of smell involved. The sense of smell is often neglected in regards to money, but may just be the most underestimated sense of them all. Once again, this may seem weird, but this works. It worked for her, for me, as well as countless others utilizing her trick of “Smelling the Money.”

Mind Tricks to Put into Use:

The trick here is to get your senses of smell, touch, and sight into a money state. Deeply inhale the aroma of money and allow it to permeate deep into your subconscious mind.

The only things you will need here are a quiet place, a few minutes, a few dollar bills, and an open mind. The smelling and feeling of a thicker wad of cash will greatly increase the effect on your subconscious.

This is a book about attracting money, so do not feel ashamed if you do not have access to a wad of cash at your bedside. Believe me, I sure as hell didn't.

Use a single dollar bill, the

amount doesn't matter. We just want to capture the feel and fragrance of paper-money.

Now, hold the money up to your nose. Let go of the fear of money being dirty at this moment. Thinking money is dirty is a negative thought towards money and we are eliminating negative thoughts.

Love the money, give the President a kiss if you really want to show love (somewhat kidding here, but I don't see how it can hurt, I am sure these guys have been lonely). Believe me; I know this may seem strange, but again keep an open mind. Forget about money being anything but positive in all areas.

Now with the money up to your face, start inhaling deeply through your nose, taking in as much of the odor as possible. While breathing it in through your nose repeat the affirmation....

**“I AM NOW ONE WITH A
TREMENDOUS AMOUNT OF
MONEY, I AM.”**

Keep breathing in the smell and repeating this affirmation over and over again in your mind. As you exhale repeat these words on the breath out. Bring in the feeling from the Universe on the inhale and on the exhale let the Universe know what it is you want.

Do this as much and as often as you like. My recommendation is 5 minutes a day, in the morning, to start your day with the vibration of love towards money.

This will seem weird for a while, but once money starts appearing in a mysterious way, you will know why. This works and money will become attracted to you. You can thank the Law of Attraction for this one....oh and of course Carole Dore for her genius technique.

CHAPTER 15. GUIDED MEDITATION/HYPNOSIS

An additional technique I have found very helpful is Guided Meditation or Hypnosis. The term hypnosis tends to occasionally raise eyebrows, due to the fear of the unknown. People are afraid they will be put under some magical spell, where they will be forced to walk around like chickens with their heads cut off. For this reason I prefer to use the term “Guided Meditation.”

There have been a few past

noted cases in which hypnotists have taken advantage of patients, but I am telling you there is nothing to fear. There are now severe repercussions implemented to prevent this from happening.

Under Guided Meditation you are simply put into a relaxed state, where your conscious mind or your “mental wall” will be broken. The aim here is to plant new thoughts and replace old limiting beliefs.

The objective here is getting through to your subconscious mind in a direct, impactful way.

I am a big advocate of Guided Meditation/Hypnosis. With time, you

can learn the method of self-hypnosis. I have included some great reads on this topic available on the subject (*see Works Cited*).

You can purchase hypnosis C.D.'s, go on YouTube, or make an appointment with a hypnotist. With a one on one appointment, everything is directed towards your specific needs and desires. It is more costly, but has proven to show the most influential results.

Mind Tricks to Put into Use:

The trick here is to get into an ultimate relaxed frame of mind in order

to allow certain beliefs to get in directly to your subconscious.

Once more, have an open-mind and let go of any myth or negative perception you may have towards hypnosis.

Give this a try and you shall be pleased. Let go of the notion that you cannot be hypnotized.

Guided Meditation can be practiced with any of the methods I have previously suggested whether it be CD/MP3, YouTube, setting up an appointment, or learning self-hypnosis, and giving it a shot yourself.

If you would like to learn for

yourself, I would recommend looking up Edgar Cayce and William H. Hewitt.

As far as my other personal favorites, there is none other than Paul McKenna, who is simply amazing. Another legend in the field is Steve G. Jones, who covers just about every topic under the sun, and works wonders.

I am also personally a huge fan of Pat Stanford and “The Stanford Method.” Having used her Guided Meditation in person, I will personally testify on her behalf as I noticed changes immediately after my first session. You can find Pat and set up an appointment at the www.stanfordmethod.com. Go ahead and take a look at the website for

great suggestions. Feel free to drop my name!

CHAPTER 16. DO IT NOW, PROCRASTINATE LATER

Procrastination... Not a fan of the word. What is it really? Either you do or you do not. It is a choice. What is more appealing at any given time? Would you rather write an important paper or play a video game? Most people would choose to play the video game; choosing instant gratification in playing a game while avoiding a tedious task in which you will be judged.

Putting things off can usually be

associated with some sort of fear. “Not Doing” is about staying in an area of comfort. When we predetermine a task or an outcome of a task to be much worse than it is, we naturally avoid the situation. This fear is an illusion stemming from our memory and how we perceive the outcome to be based on previous encounters.

When we rise to the occasion and complete our job, more often than not we are pleasantly surprised. The ability to complete the task is a feat in its own. Also worth mentioning; regardless of any outcome, success or failure, there is always a valuable lesson to be learned.

I felt inclined to include this topic because this is something I had done for years. I put some things off, and by some things, I mean everything. From a simple phone call, to studying, to exercising, you name it. There was a time in which I had an addiction to video games, boozing, and television.

Playing it safe by avoiding situations altogether. By delaying the inevitable, I got nowhere fast.

Fully aware for years of my “not doing,” I decided to go ahead and look further into what was turning into a big problem. I figured the best way to go about the subject of “Procrastination,” was to learn about it. Taken from Dr.

Wayne Dyer speaking on the teachings of the wisdom of Lao Tzu (translated to “Old Man” and the author of The Tao Teh Ching); the best way to overcome the fear of something is to become curious and learn as much as possible about the specific fear.

I can sit here and tell YOU, and I mean YOU reading this, have it in YOU to overcome any obstacle. Give it a try and realize the worst case scenario isn't all so bad to begin with.

Start with Today. Today is what counts, not yesterday, not last week, not tomorrow, but today, more specifically *right now* is the only time that matters. *Now* is all we control and it is *now* in

which we have the power to make a difference.

It is the choices you make at each moment which will get you to where you want to be. Our lives are nothing more than a compilation of the choices we have made. Start making successful, productive, positive choices in each present moment towards what you want to be.

It all begins with one step at a time. If you choose to take steps towards improvement, you will undoubtedly get to where you want to be.

Tomorrow does sound nice, but Today feels so much better.

Mind Tricks to Put into Use:

The trick here is to substitute the pain of a task with the pleasure in the result (learned this trick from Tony Robbins). The other trick is getting into a success mindset. Whether it be sitting down to write a paper, going to the gym, whatever it is; just take the first step and you will most likely begin to run.

One of my favorite sayings is “Things don’t just happen; Things happen just.” Get into the school of Nike and Just Do it. STOP reading this right now and write down your tasks and

goals. Again I encourage hand-writing your *specific* goals.

Focus on one, just one goal at a time. Multi-Tasking is a myth. It is impossible to do two things at once. Even if you think you are doing two things simultaneously, your brain is in fact only focused on one specific thing at a specific time.

Get going on the most important item if you are capable of doing so. Don't expect to finish it all in one shot, just start chipping away. Start by using the 15 minute rule. Set a 15 minute time slot each day to work on your goal. It is not a lot of time and it will be all you will need to get the ball moving.

Once you begin, you just might find yourself on a roll. You will most likely surpass the original 15 minute time frame allotted with ease.

The *trick* here is your mind does not want to do the hardest part, the act of putting yourself in the starting position. By convincing your mind the task at hand is easy and won't take much time, starting your work will then be painless.

Whatever the chore may be, it is always helpful to first visualize doing it with ease, happily, and with a huge smile (both in your visualization and on your face while visualizing).

As far as a task list here are

some helpful *tricks* proven in studies which can greatly help: On your list of to do's literally write down "Do Nothing." During the day if you find yourself doing nothing, your mind will still get a sense of accomplishing something on your list. In many cases eliminating one item on the "To-Do's" will have a great impact on your mind. This will gain psychological reward and flow.

Also, in some situations, it helps to put something impossible on your list. For example, put "Fly up to the moon." This will make everything else on the list psychologically attainable.

Make sure with whatever task, no matter how big or small, to reward yourself upon completion. Really get excited and happy each time you accomplish any feat. Intrinsically, your mind will see rewards after each finished job. Similar to a dog getting a treat, keep rewarding yourself and in time nothing will stop you from getting the treat, whatever it may be. When this happens we have a habit in the making.

In the beginning of my Martial Arts training, I can honestly admit the times of ***not*** wanting to train greatly outweighed the times I did.

Anything from rain, to snow, to exhaustion, to injury would creep into

my mind and give me a reason for not going.

However, I pushed those excuses aside and made the car ride anyway. Improving my skills and striving towards a Black Belt is what kept me going. Being able to say I am a Black Belt is one of my proudest accomplishments, and the reward is definitely worth it. A funny and true saying in the Martial Arts world is one of the main differences between a “White Belt” and a “Black Belt” is the “Black Belt” never quit.

It helps to keep those prizes in mind. Yes, you might be giving up something here or there by staying in a

couple of Friday nights, but it will be worth it down the road. Be willing to give up a little now to reap all the rewards in the end.

ALL IN ALL- YOU GOT THIS! GET UP AND START GETTING MONEY!!!!!!! IT IS EASIER THAN YOU THINK!

CONCLUSION

It all begins with your thoughts. Train your thoughts and feelings, and soon enough you will re-program your mind. You will begin to believe you are deserving of everything you want and more. It must first start with your imagination, and it is through your imagination in which your desires will come into fruition.

Once you truly believe you deserve nothing but the best, and come to realize it is within your reach, you will

get there. You will get everything you desire.

Start to catch all negative thoughts when you can and replace them with positive affirmations. Each person has anywhere from 12,000 to 50,000 thoughts every day (a wide range); the deeper the thinker the more the thoughts. Now ask yourself this question: How many of those thoughts are positive and how many are negative?

If you are not happy about your current state; I bet I can guess what the majority of your thoughts contain. Start catching those negative thoughts! Eliminate them as if they are junk mail. Get your mind thinking positive thoughts

and get that LEVER shifting in the right direction.

Once the majority of your thoughts begin to be positive you will reap positive rewards. It is plain and simple.

This will take a little effort on your behalf at first, but within a short time positive thinking will be second nature.

If some of the Mind Tricks seem to not work for you, do not give up. It is all here; it is all in your mind, and eventually the LEVER will start to shift towards wealth.

It is imperative you don't let

anything or anyone discourage you from improving. Continue growing, continue learning, and continue becoming a better you. There are no limits to the Universe; there are only limitations you have set in your mind.

Go ahead and get after it. If wealth is what you want, it is yours!!! Believe this to be true! You need to constantly focus on being one with money.

I WISH YOU ALL nothing but success, health, wealth, and happiness. I thank you from the bottom of my heart for taking the time to read this and for joining the journey if you so choose. It is your life, your choice, keep

improving, and always remember...All you really need to do is believe.

Once again... **“We are what we repeatedly do. Excellence, therefore, is not an act, but a habit.”**

– Aristotle

NOW, IMAGINE A LEVER IN A CLEAR EMPTY ROOM. THIS LEVER IS UNTOUCHED; UNWEATHERED. THIS LEVER IS IN THE UPRIGHT POSITION READY TO BE PUSHED AND PULLED.

THERE ARE TWO WAYS THIS LEVER CAN GO, TOWARDS SUCCESS AND GREATNESS, OR TOWARDS FAILURE AND DEFEAT. YOU ARE *NOW* IN COMPLETE

CONTROL OF THIS LEVER!

ABOUT THE AUTHOR

Brendan William double majored in Business (concentration in Finance) and Psychology at the College of Charleston.

William is an investor, entrepreneur, philanthropist, innovator, and mentor. Brendan has helped dozens of people in improving their lives with addictions and reaching their goals.

Greatly inspired and influenced by many including Dr. Wayne Dyer, Napoleon Hill, Tony Robbins, Jim Rohn, Rhonda Byrne, to name just a few. Brendan William is an avid practitioner of the Law of Attraction, EFT, NLP, and a Positive Mental Attitude.

Brendan resides on Long Island, New York. His hobbies include sports, such as the Martial Arts. He is a Black Belt in Tae Kwon Do as well as a student of the Martial Art of Brazilian

Jiu-Jitsu. He attributes much of his discipline and focus through the teachings of the Martial Arts.

Other Books by Brendan William...

MEDITATION Mind Tricks – A Meditation Guide to Release Your Stress and Gain Success

http://www.amazon.com/Meditation-Tricks-Release-Success-Increase-ebook/dp/B00PJ4FEHG/ref=sr_1_94?s=digital-text&ie=UTF8&qid=1430495181&sr=1-94&keywords=meditation

HAPPINESS Within – Get Happy, Be Happy, Stay Happy

http://www.amazon.com/Happiness-Within-Happy-Stay-Towards-ebook/dp/B00TU17NBE/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1430495303&sr=1-1&keywords=happiness+within

ONE LAST THING...

If you enjoyed this book or found it useful I'd be ever so grateful if you'd post a short review on Amazon.

Your support **REALLY** does make a difference, and I read all the reviews personally so I can get your feedback and make this book even better.

As stated in the beginning, I WILL BE DONATING 10% of the proceeds to charities mentioned in the **REVIEWS!**

If you'd like to leave a review all you need to do is click the review link on this book's page on Amazon here:

WE would LOVE to hear your insight, questions, complaints, and if you would like please feel free to share if any of these tricks have helped YOU in any way!

We are continuously striving to help others, and the best way of doing so is with your help and feedback.

**FROM THE BOTTOM OF MY
HEART.....**

THANK YOU, THANK YOU,

THANK YOU for taking the time to read this book and for posting a review.

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Greg Plitt

**My apologies in advance to anyone I may
have forgotten in this book. I will go back
and make sure You get Yours!!!**